

# EAT. DRINK. SOCIALIZE.

## MAINSTREET CAFE

Monday - Friday  
Breakfast 7:30am - 9:00am  
Lunch 11:00 am - 1:00 pm

WEEK OF APRIL 22



### RISE & SHINE

#### BREAKFAST SPECIALS

italian sausage strata	3.95
spinach & mushroom egg strata	3.95
ham egg & cheese burrito	6.95

MON

**EARTH DAY: TURKEY MEATBALLS WITH BROCCOLI CREAM & PARMESAN ZOODLES** 8.40  
house made turkey mushroom meatballs served over zucchini noodles with broccoli pesto  
**HOT GRAZE: MEZZE** .51/oz  
build your own gyro, shawarma or falafel plate with sides, toppings, hummus and pita

TUES

**FOOD WORKS: JILL'S MOBILE KITCHEN @ MAINSTREET CAFÉ**  
**FOOD WORKS: SHANGO'S @ PALS CAFE**

WED

**STOP FOOD WASTE DAY: ROASTED VEGETABLE & BEAN TOSTADAS** 8.40  
fried corn tortillas topped with refried beans, roasted vegetable medley and queso cotija  
**HOT GRAZE: MEZZE** .51/oz  
build your own gyro, shawarma or falafel plate with sides, toppings, hummus and pita

THURS

**EARTH WEEK: SMOKED CAULIFLOWER STEAK OVER SPINACH, BELL PEPPERS & BEANS** 8.40  
smoked cauliflower steak served over spinach, bell peppers and beans with romesco sauce and toasted quinoa crunch  
**HOT GRAZE: MEZZE** .51/oz  
build your own gyro, shawarma or falafel plate with sides, toppings, hummus and pita

FRI

**PICCOLA ITALIA PIZZA** 7.05/8.70  
choose your crust, sauce and fresh toppings to create your own pizza

### WEEKLY FEATURES

#### AVAILABLE ALL WEEK FLAME GRILL SPECIALS

includes choice of side

grilled portobello mushroom with cucumber yogurt sauce on brioche	8.40
sweet & spicy ground turkey lettuce cups	8.40

#### SWAP YOUR SIDE

FIT roasted sweet potato wedges  
FIT pickled cucumber & carrots

#### PICK 3 MEAL DEAL

caesar salad  
half ham and swiss on sourdough  
half turkey on wheat  
choice of whole fruit or chips and a 20 oz bottled beverage

## SOMETHING DELICIOUS AWAITS YOU

### SOUPS

#### MONDAY

creamy cauliflower

#### TUESDAY

creamy cauliflower

#### WEDNESDAY

creamy cauliflower

#### THURSDAY

creamy cauliflower

#### FRIDAY

creamy cauliflower

CONNECT  
WITH US



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